



www.grudniewscy.pl

## Praga-Południe Center

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phone 22 258 76 69  
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### — PRICE LIST

## one-time treatments and vouchers

Service	Duration	Price
Physiotherapeutic consultation	30 min	120 PLN
Therapeutic massage / Manual therapy of the spine	60 min	200 PLN
Therapeutic massage / Manual therapy of the spine	30 min	120 PLN
Spine massage for pregnant women	30 min	120 PLN
Sports massage for professionals and amateurs	60 min	200 PLN
Classic holistic massage	60 min	200 PLN
Kinesiotaping, medical taping (1 application)	5-15 min	50 PLN
Personal training with a physiotherapist for adults	45 min	140 PLN
Kobido massage	90 min	250 PLN
Anti-cellulite chinese cupping massage – legs and buttocks	30 min	120 PLN
Dry needle therapy (dry needling)	60 min	200 PLN

## BUY PACKAGE AND SAVE

- Therapeutic massage / Manual therapy of the spine 60 min x 10 visits = 1.800 PLN
- Therapeutic massage / Manual therapy of the spine 60 min x 5 visits = 950 PLN
- Therapeutic massage / Manual therapy of the spine 30 min x 10 visits = 1.100 PLN
- pine massage for pregnant women 30 min x 10 visits = 1.100 PLN
- Classic holistic massage x 10 visits = 1.800 PLN
- Sports massage 60 min x 10 visits = 1.800 PLN
- Personal training with a physiotherapist for adults x 10 visits = 1.300 PLN
- Anti-cellulite massage x 10 visits = 1.100 PLN

The center does not charge fees for the photocopying of the Patient's medical records.